

ARE YOUR COACHES KILLING YOUR CREATIVITY?

Are you playing summer ice this spring?
Maybe roller hockey?
Are you practicing some new moves?
Getting inspired watching the NHL playoff's?

Do you fall into the category of having coaches
that tell you..."no toe drags", "dump the puck"
and "you will never pull off that move in a game"?

The simple fact is that so many coaches kill creativity.

I have heard so many coaches see an athlete
work on a move and say, "That will never work."
They even yell at them for even trying something new.

Have you seen Ovechkin, Crosby, Nash...?

Do you know what goes through a player's head on the rink?
This is what really gets me mad...

Thoughts like, "Don't screw up..just get through this shift"

They think about NOT screwing up, more than they think
about success. Coaches have players thinking too much
instead of playing and letting them "Do what they do."

They are afraid...they play scared...not good.

Practice time should be like R&D (Research and Design)
You use it to work on your moves, decisions with the puck,
plays and ideas on the rink...

The things that work...you bring them into the game.
The things that do not work...you go back to the drawing board.

How can you hope for or expect magic to happen
if you are not encouraged to do so?

NEWS FLASH...

If you do not work on things in practice (encouraged)
you will never do them in a game.

When your coach says, "who are you, Sidney Crosby?"
You can smile and say, "I am working on it!"

If you are looking for some creative support,
look no further than www.lamAHockeyPlayer.com

The better you get, the more fun you have

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www.lamAHockeyPlayer.com
www.usaclinics.com